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Activism
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[Momentum Habit Tracker - Routines, Goals & Rituals](#)

Category: **Assistive Technology | - Time Management | - Distraction Mitigation | - Multi-Course Schedule Organization**

Momentum is the simple, yet powerful, habit tracker app that boosts users willpower and helps users reach their goals. Sample habits include, but are not limited to the following:

• BECOME MORE PRODUCTIVE (e.g., prioritize my day, wake up early, sleep by midnight, inbox zero, etc.)

• GROW PERSONALLY (e.g., meditate, save money, keep a journal, read, etc.)

• LEARN SOMETHING NEW (e.g., study, practice Spanish, learn to play guitar, write code, etc.)

• GET HEALTHY (e.g., exercise, eat more vegetables, limit caffeine, etc.)

Momentum features include:

• Reminders (indispensable until your habits become automatic)

• App badge (shows the number of remaining habits for the day)

• Flexible scheduling (set weekly targets or specific days)

IS THE MOMENTUM APP FREE? The free version of Momentum tracks three habits. The premium version tracks unlimited habits.

[Read More...](#)

[Mood Disorders Support Group of New York \(MDSG-NY\)](#)

Category: **Mental Health and Wellness | - Community-based**

The Mood Disorders Support Group of NY (MDSG-NY) is a non-profit 501(c)(3) self-help, peer run organization. Since 1981, MDSG-NY has been supporting individuals with mental health problems such as depression and bipolar disorder as well as their families and loved ones. Each MDSG-NY support group includes a trained peer. Currently, MDSG-NY offers 16 support groups that fall into the following categories:

• Under 30: A group for those under 30, including teens, that discusses both unipolar depression and bipolar disorder.

• Unipolar: To discuss depression

• Bipolar: To discuss both depression and mania

• Family and Loved Ones: For people closely connected to someone suffering from depression or bipolar disorder

• Topic: To discuss a common theme prevalent in each group, such as medication, finding a therapist, recognizing and managing triggers and finding structure through work and volunteering

HAS THIS PROGRAM BEEN SUSPENDED DUE TO COVID-19? Due to COVID-19, MDSG-NY is hosting groups virtually (Phone: (718) 930-2121, henry.mdsg@gmail.com). Please check MDSG-NY's website for up-to-date changes.

[Read More...](#)

My Next Move

Category: - **Employment** | **Career Support** | - **Assessments/Preparedness Tools**

My Next Move, an initiative sponsored by the U.S. Department of Labor (USDOL), provides an interest profiler which helps to determine what career(s) might be the best fit for you according to your talents and interests. My Next Move provides information for each profession:

- Job descriptions with different job titles
- Required knowledge, skills, and abilities
- Required education
- Personality types best suited for different professions
- Required level of technological proficiency
- Career outlook
- Expected salary

Veterans seeking a civilian career similar to their military job can use [My Next Move for Veterans](#). A spanish-version is provided at "[Mi Pr3ximo Paso](#)."

HAS MY NEXT MOVE SUPSPENDED ITS SERVICES DUE TO COVID-19? No.

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National Alliance on Mental Illness of New York City, Inc. (NAMI-NYC Metro)

Category: **Mental Health and Wellness**

The National Alliance on Mental Illness of New York City, Inc. (NAMI-NYC Metro) is a grassroots organization that provides support, education, and advocacy for families and individuals of all ethnic and socio-economic backgrounds who live with mental illness. As the largest affiliate of the National Alliance on Mental Illness, we work collaboratively with our state and national affiliates, and with other stakeholders in the community, to educate the public, advocate for legislation, reduce stigma, and improve the mental health system.

NAMI offers support groups for those who want to connect with other people who identify with the same issues:

- Bipolar Support Group
- Creative Writing
- Expressive Arts Workshop
- Find Your Funny (and You'll Find You're Funny!)
- Games People Play
- Hearing Voices
- Job Talk
- Movie Club
- Music Group
- NAMI Conexi3n
- NAMI Connection
- NAMI Connection 55+

• Pet Therapy

• Poetry Workshop

• Spirituality Speaks

• (TAG) The Advocacy Group

• Suicide Attempt Survivors

• Yoga for You

• Young Adult

NAMI also offers support groups for family members and friends of people with mental health issues:

• Criminal Justice

• Family & Friends

• Family & Friends of Individuals with Mood Disorders

• Hablando Espa ol Grupo de Apoyo Familiar

• Knit 2 Unwind

• Parents of Children & Adolescents

• Suicide Bereavement

• Sibling & Adult Child

• (TAG) The Advocacy Group

HAS THIS PROGRAM BEEN SUSPENDED DUE TO COVID-19? All of NAMI's in-person programs have been suspended until further notice, due to coronavirus (COVID-19) in NYC. NAMI is still providing support through its Helpline, at 212-684-3264 or via email at helpline@naminy.org.

[Read More...](#)

[National Suicide Prevention Lifeline](#)

Category: **Mental Health and Wellness | - Community-based**

The National Suicide Prevention Lifeline is a national network of local crisis centers that provides free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week. They are committed to improving crisis services and advancing suicide prevention by empowering individuals, advancing professional best practices, and building awareness. The Lifeline provides additional specific resources, including but not limited to the following:

• Current Events (e.g., Coping During Community Unrest, Emotional Wellbeing during the COVID-19 Outbreak)

• Native Americans

• Attempt Survivors

• Veterans

• Youth

• Loss Survivors

• Disaster Survivors

• LGBTQ+

Resources are also available in Spanish [here](#). Resources are also provided for individuals who are deaf, hard of hearing, or have hearing loss by online chat, video relay, TTY and voice/caption phone:

• Online chat • Click the Chat button below

• Video relay Service • Dial 800-273-8255

TTY Dial 800-799-4889

Voice/Caption Phone Dial 800-273-8255

HAS THIS PROGRAM BEEN SUSPENDED DUE TO COVID-19? No. To help individuals cope during the COVID-19 crisis, the National Suicide Prevention Lifeline has provided "[Emotional Wellbeing During the COVID-19 Outbreak](#)"

[Read More...](#)

[New Americans Center \(NAC\) at Kingsborough Community College](#)

Category: **Education**

The New Americans Center (NAC) provides free immigration legal services to Kingsborough Community College and the surrounding Brooklyn communities. The Center has an on-site attorney, paralegal and legal assistants with training and expertise in immigration law. Individual legal consultations can be scheduled to determine eligibility for immigration benefits and to provide guidance and referrals for more complex immigration matters. NAC offers legal services including, but not limited to the following:

- Legal Screening of Eligibility for Immigration Benefits

- Citizenship Applications and Fee Waivers Where Eligible

- Deferred Action for Childhood Arrival (DACA)

- Adjustment of Status, Change of Status and Green

- Card Renewals Temporary Protected Status Renewals (TPS)

- Family Petitions

- General legal advice and referrals for asylum, deportation, battered spouse, and waivers.

NAC also provides a "College Guide Series for Undocumented Students" that includes information on the following:

- College Success Guide

- College Protections

- Knowing Your Rights

- Advocacy and Support

- DACA and Key Legislation

- Financial Aid Guide

- Best Colleges Ranking

- Online College Options

HAS THIS PROGRAM BEEN SUSPENDED DUE TO COVID-19? Due to COVID-19, in-person classes, meetings and appointments have been suspended or moved online. For updates on CUNY's response to COVID-19, please visit www.cuny.edu/coronavirus. For additional resources to support students impacted by COVID-19, CUNY has provided "[CUNY Continuity for Students](#)."

ABOUT KINGSBOROUGH COMMUNITY COLLEGE: Kingsborough Community College of The City University of New York (CUNY) is a comprehensive community college providing both liberal arts and career education.

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[New York Cares](#)

Category: - **Employment** | - **Internship/Volunteering** | **Career Support**

Started in 1987, New York Cares is NYC's largest volunteer management organization, running volunteer programs for 1,350 nonprofits, city agencies, and public schools across all five boroughs. New York Cares programs focus on three key issue areas:

â€• Education

â€• Immediate Needs

â€• Public Spaces

HAS THIS PROGRAM BEEN SUSPENDED DUE TO COVID-19? No. As they did after 9/11 and Hurricane Sandy, New York Cares continues to serve with relief efforts in response to COVID-19. For updates on New York Cares response to COVID-19, please visit here <https://www.newyorkcares.org/coronavirus>.

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New York City Housing Authority (NYCHA) Resident Leadership Academy (RLA)

Category: **Activism | Colleges and Universities**

The Resident Leadership Academy (RLA), launched in partnership with the Fund for Public Housing, New York City Housing Authority (NYCHA), and Murphy Institute/CUNY School of Professional Studies (CUNY SPS), is designed to provide training and build leadership skills for residents interested in taking a more active role in civic life within their development and/or community. RLA's objective is to:

â€• Develop current and emerging NYCHA resident leaders'™ knowledge and skills to assume leadership positions as stewards of public housing

â€• Foster transferrable leadership skills that residents can use across their communities

â€• Provide a pathway to higher education

Through the RLA program, participating residents can earn up to 16 college credits through the Murphy Institute/CUNY SPS.

HAS THIS PROGRAM BEEN SUSPENDED DUE TO COVID-19? Due to COVID-19, in-person classes, meetings and appointments at CUNY have been suspended or moved online. For updates on CUNY's response to COVID-19, please visit www.cuny.edu/coronavirus. For additional resources to support students impacted by COVID-19, CUNY has provided "[CUNY Continuity for Students](#)." All in-person public meetings and events at NYCHA offices and developments are postponed or moved to web/telephone until further notice. For updates to NYCHA and other NYC agencies' response to COVID-19, please visit www1.nyc.gov/nyc-resources/city-agency-service-updates.page.

ABOUT THE MURPHY INSTITUTE/SPS CUNY: The Murphy Institute was established in 1984 as a partnership with New York City labor unions and the City University of New York (CUNY). Its purpose is three fold:

â€• to provide courses, certificates, and undergraduate and graduate degree programs in labor studies and urban studies;

â€• to expand higher educational opportunities for working adult students;

â€• to serve the labor and broader community.

Initially established as a campus-based program at Queens College, the program was re-established as a University-wide Institute in 2005. Today, more than 1,200 adult and traditional-aged students are enrolled in programs at our mid-town Manhattan site and at CUNY schools in all five boroughs of New York.Â

[Read More...](#)

New York Public Library (NYPL)

Category: **Text Books and School Supplies | - Free | - Rental**

Founded in 1895, The New York Public Library (NYPL) is the nation's™ largest public library system, featuring 88 neighborhood branches throughout the Bronx, Manhattan, and Staten Island and four scholarly research centers. The Library's™ world-renowned research collections include millions of treasures, from a copy of the Declaration of Independence handwritten by Thomas Jefferson to Virginia Woolf's™ walking stick and Maya Angelou's™ archives.Â

HAVE NYPL LOCATIONS AND SERVICES BEEN CLOSED/SUSPENDED DUE TO COVID-19? Yes. All NYPL physical locations have been temporarily closed. Select NYPL services can be accessed remotely. Plans to reopen NYPL with limited service has begun. Visit "[How to Access the Library's Digital Resources 24/7](#)" to learn more. For updates to the NYPL's response to COVID-19, please visit www.nypl.org/about/coronavirus.

[Read More...](#)

[**New York Public Library \(NYPL\) Events**](#)

Category: **Arts | Tutoring and Outside Education Services**

The New York Public Library (NYPL) offers more than 80,000 free public classes, programs, and exhibitions for everyone from toddlers to seniors at its 92 locations in the Bronx, Manhattan, and Staten Island. NYPL provides a searchable schedule of events and resources including literacy courses, computer basics, special interest lectures, and art exhibits.Â

HAVE NYPL EVENTS BEEN SUSPENDED DUE TO COVID-19? Yes. All NYPL physical locations have been temporarily closed. Select NYPL services can be accessed remotely. Plans to reopen NYPL with limited service has begun. Visit "[How to Access the Library's Digital Resources 24/7](#)" to learn more. For updates to the NYPL's response to COVID-19, please visit www.nypl.org/about/coronavirus.

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[**New York Public Library \(NYPL\): Classes & Workshops: English Classes**](#)

Category: **International Students and Immigration**

The New York Public Library (NYPL) helps adult students improve their communication skills in English. NYPL offers two types of English classes, available at more than 40 libraries in the Bronx, Manhattan, and Staten Island.

These are series-based classes, held year-round in 10-week cycles. Most classes meet two days each week, for two hours each day. Select classes meet on Saturday mornings for four hours. Classes are for beginner, intermediate, and advanced level students. Students must attend an information session to register for classes, and registration is required in order to attend these classes.

â€¢ ESOL CLASSES: For non-native speakers to improve listening, speaking, reading and writing.

â€¢ ADULT BASIC EDUCATION CLASSES: For students who already speak English but want to improve their reading and writing.

â€¢ ENGLISH FOR WORK CLASSES: For Intermediate and Advanced speakers looking for work or already employed and want a better job.Â

HAS THIS PROGRAM BEEN SUSPENDED DUE TO COVID-19? Yes. Classes have been canceled until further notice. All NYPL physical locations have been temporarily closed. Select NYPL services can be accessed remotely. Plans to reopen NYPL with limited service has begun. Visit "[How to Access the Library's Digital Resources 24/7](#)" to learn more. NYPL also provided "[Websites for ESOL and Literacy Students and Educators](#)" to help individuals practice speaking English at home. For updates to the NYPL's response to COVID-19, please visit www.nypl.org/about/coronavirus.

[Read More...](#)

[**New York State DREAM Act Application**](#)

Category: **Financial Aid | Colleges and Universities | - Senior Colleges | - Honors and Professionals | - Community Colleges | - Scholarships & Grants | International Students and Immigration**

The New York State DREAM Act opens the doors of higher education to thousands of students (including undocumented), providing access to the new Excelsior Scholarship, the Tuition Assistance Program (TAP), as well as other state-administered scholarships that were not previously available to DREAMers. For eligibility requirements (e.g., U-Visa, T-Visa, residency requirements, temporary protected status, without lawful immigration status, etc.) visit New York Higher Education Services Corporation (HESC)'s website here www.hesc.ny.gov/dream. HESC also provides a "[Frequently Asked Questions \(FAQ\)](#)" guide in multiple languages.

WHAT DOES TEMPORARY PROTECTED STATUS MEAN? Temporary Protected Status (TPS): allows foreign nationals to remain in the U.S. if during the time they were in the U.S. something catastrophic happened in their country of origin preventing their safe return â€” for example war, famine, natural disaster, or epidemic. TPS allows people to work legally and be protected from deportation.

WHAT ARE "T-VISAS" AND "U-VISAS"? T-Visa: Allows the granting of lawful status to noncitizen victims of human trafficking, as well as their immediate family members, who assist in the prosecution of the trafficking. It allows people to remain and work temporarily in the U.S.

U-Visa: Allows for the granting of lawful status to noncitizen crime victims who suffered significant physical or mental abuse (and their immediate family members) who assist in the prosecution of the crime. It allows people to remain and work temporarily in the U.S.

WHAT DOES "WITHOUT LAWFUL IMMIGRATION STATUS" MEAN? "Without Lawful Immigration Status" means living in the U.S. unlawfully either because lawful status never existed (including those with Deferred Action for Childhood Arrivals (DACA) status) or has ended.

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[New York State Tuition Assistance Program \(TAP\)/Part-Time TAP](#)

Category: **Financial Aid | - Scholarships & Grants**

The New York State Tuition Assistance Program (TAP) helps eligible New York residents pay tuition at approved schools in New York State. Depending on the academic year of study, an annual TAP award can be up to \$5,165. Because TAP is a grant, it does not have to be paid back.

â€¢ [PART TIME TAP](#): Part-Time TAP helps eligible New York residents attending in-state postsecondary institutions on a part-time basis pay for tuition. Part-time TAP is a grant and does not have to be paid back.â€¢

â€¢ [ADA PART TIME TAP](#): Education Law section 661(d)(4) provides that for students who are disabled as defined by the Americans with Disability Act of 1990, â€œthe full-time attendance requirement is eliminated. Such disabled students may be in part-time attendance, as defined by the commissioner in order to be eligible to receive payments...â€œ Other than full-time enrollment, ADA Part-Time TAP recipients must meet all TAP eligibility requirements.

â€¢ [NYS DREAM ACT TAP APPLICANTS](#): Students newly applying for NYS financial aid under the provisions of the Development, Relief, and Education for Alien Minors (DREAM) Act must first apply for eligibility under the NYS DREAM Act before applying for TAP.â€¢

WHAT DOES "PART-TIME" STUDY MEAN? According to section 145-2.1(a)(4) of the â€œRegulations of the Commissioner of Education,â€ for a student with a disability, â€œpart-time study or attendance shall mean enrollment for at least three but less than 12 semester hours per semester or the equivalent, or at least two but less than eight semester hours per quarter.â€

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[New York Toastmasters \(NYTM\)](#)

Category: **Academic Preparedness and Success Tools | Mental Health and Wellness | Vocational Training/Trade Schools | - Community-based | Tutoring and Outside Education Services**

New York Toastmasters (NYTM) is a popular public speaking and leadership training program. The NYTM Club belongs to Toastmasters International. The International mission is to provide a mutually supportive environment where members can practice their leadership and speaking skills. NYTM's mission is to:

â€¢ Help build communication skills

â€¢ Help develop leadership abilities

â€¢ Boost self confidence

â€¢ Help people FIND THEIR VOICE

HAS NYTM SUSPENDED ACTIVITIES DUE TO COVID-19? All in-person NYTM activities have been canceled until further notice. All meetings have been conducted online via Zoom.

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[New York University \(NYU\)](#)

Category: **Colleges and Universities | - Senior Colleges | - Honors and Professionals**

Great cities are engines of creativity, and New York University (NYU) takes its name and spirit from one of the busiest, most diverse and dynamic cities of all. The University lives within New York and other great cities, from Abu Dhabi to Shanghai, Paris to Prague, Sydney to Buenos Airesâ€all magnets for talented, ambitious people.

Thriving beyond borders and across academic disciplines, NYU has emerged as one of the most networked and extensive worldwide platform for learning, teaching, researching, building knowledge, and inventing new ways to meet humanity's challenges. Its students, faculty and alumni feed off the stimulating power of swirling intellectual and cultural experiences by mastering academic disciplines, expressing themselves in the arts, and excelling in demanding professions.

NYU's mission is to be a top quality international center of scholarship, teaching and research. This involves retaining and attracting outstanding faculty who are leaders in their fields, encouraging them to create programs that draw outstanding students, and providing an intellectually rich environment. NYU seeks to take academic and cultural advantage of its location and to embrace diversity among faculty, staff and students to ensure a wide range of perspectives, including international perspectives, in the educational experience.

HAVE NYU'S CLASSES AND OPERATIONS BEEN SUSPENDED DUE TO COVID-19? NYU classes will be remote through the summer of 2020. Student residence halls are closed. Except select essential health and defense-related activities, all other faculty, administrators and staff are encouraged to telework until further notice. For updates to NYU's response to COVID-19, please visit www.nyu.edu/life/safety-health-wellness/coronavirus-information.html.

[Read More...](#)

New York Urban League (NYUL) Employment Services

Category: **Academic Preparedness and Success Tools | - Assessments/Preparedness Tools | - Organization and Study Tools | Tutoring and Outside Education Services**

For the past 100 years the New York Urban League (NYUL) has worked hard to help New Yorkers live the lives they deserve to lead. From landing living wage jobs with good benefits, to putting youth on the path to a fruitful educational career, it's the NYUL's role to strengthen underserved communities, ensuring everybody has a seat at the table. NYUL provides employment resources, including but not limited to the following:

• **YOUNG PROFESSIONALS NETWORK:** An empowerment forum for early stage individuals ages 21 - 40 years old who live and work throughout the five boroughs of NYC.

• **YOUNG PROFESSIONALS FELLOWS PROGRAM:** Leadership development for young professionals.

• **EMPLOYMENT AND CAREER SERVICES:** Employment assistance to African-Americans and other underserved communities.

• **STEAM SUMMER ACADEMY:** Interactive program that allows students to explore the intersections of all STEAM subjects (e.g., science, technology, engineering, and mathematics).

• **PARTNER'S GUIDE TO STEAM:** A guide and workshop to help parents connect STEAM learning in school to the home.

NYUL also offers additional educational resources for junior high and high school students, including but not limited to the following:

• **CODE NEXT:** A computer science education program for Black and Latino high school students.

• **HBCU FAIR AND WORKSHOPS:** College fair offering more than 50 Historically Black College and Universities (HBCU) admissions representatives, alumni and staff along with college and scholarship resources.

• **HBCU PREP AND LIVE TOURS:** College tours of HBCUs to prepare students for college.

• **MENTOR CONNECT:** Mentorship program that pairs HBCU graduate with NYUL Young Professional.

• **PARENT'S CONFIDENTIAL - GUIDE TO COLLEGE ADMISSION:** Concierge-style approach to assist parents through the college admissions process.

• **COMPASS NYC:** Skill building activities, counseling and case management to help students transition from middle to high school.

• **SCHOLARSHIP FUNDS** (e.g., The Whitney M. Young, Jr. Scholarship Program, Ann S. Kheel Scholarship Fund)

HAVE THE NYUL'S PROGRAMS BEEN SUSPENDED DUE TO COVID-19? NYUL's programs have either been suspended or moved online. For the status of upcoming NYUL events, please visit <https://www.nyul.org/events>.

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Next Door Project by Community Service Society (CSS)

Category: - **Employment** | **Career Support** | **Reentry Support Services**

The Next Door Project, run by Community Service Society (CSS), trains older adult volunteers to help people with conviction histories request, read, and repair their NYS Division of Criminal Justice Services rap sheets (and FBI rap sheets, if they have arrests from outside New York State). Next Door Project counselors also help individuals apply for Certificates of Good Conduct or Certificates of Relief from Disabilities, which provide presumptive evidence of rehabilitation and overcome numerous statutory barriers to employment and licensure.

CSS estimates that nearly 30 percent of official New York State criminal records contain at least one error. Fixing these errors and getting a complete understanding of the corrected criminal record can help open doors to employment, housing, and stability that had previously been closed.

WHO DOES THIS PROGRAM AIM TO SERVE? Individuals with conviction histories.

HAS THE NEXT DOOR PROJECT BEEN SUSPENDED DUE TO COVID-19? Yes. Due to COVID-19, Next Door Project rap sheet intake is postponed until safe to resume. Next Door Project will continue to answer questions via their hotline ((212) 614-5441) regarding conviction history-related employment, licensing or housing problem, etc. Other questions and concerns can be sent to Judith Whiting at telephone (212) 614-5323 or by email at jwhiting@cssny.org or Carlos Jesse, Director of the Next Door Project at (212) 614-5471 or by email at cjesse@cssny.org.

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Northern Manhattan Improvement Corporation (NMIC)

Category: **Education** | - **Employment** | - **Internship/Volunteering** | **Academic Preparedness and Success Tools** | **Career Support** | **High School Equivalency**

Northern Manhattan Improvement Corporation (NMIC) offers a variety of services to unemployed and underemployed persons seeking to improve their skills and secure employment. NMIC offers services including, but not limited to the following:

LEGAL SERVICES:

- Housing
- Unemployment Insurance
- Public Events
- Immigration
- Domestic Violence
- Consumer Debt

SOCIAL SERVICES:

- Benefits Screening/Enrollment
- Health Supports
- Tax Assistance

ORGANIZING:

- Tenant Organizing
- Housing Development
- Community Organizing
- Worker Cooperative Organizing

EDUCATION & CAREER SERVICES:

- High School Equivalency (HSE)
- Workforce Training
- Job Readiness Training

â€¢ Career Development

WEATHERIZATION:

â€¢ Weatherization Assistance Program

â€¢ Air Conditioning Program

WHO DOES THIS PROGRAM AIM TO SERVE? Low-income immigrant communities.

HAVE NMIC SERVICES BEEN SUSPENDED DUE TO COVID-19? NMIC has suspended on-site programming and are providing all services remotely. There are two easy ways to access NMIC's services:

â€¢ Online request form for services in English [here](#) and Spanish [here](#).

â€¢ COVID-19 hotline (929) 415-8970 for help with food pantry, tax preparation, unemployment insurance, benefits, housing or immigration needs.

[Read More...](#)

NYC Justice Corps

Category: **Reentry Support Services**

The NYC Justice Corps seeks to develop the capacity of neighborhoods to address the reintegration challenges of their young adults reentering from the criminal justice system and to instill in those young adults a sense of civic responsibility and accountability to the communities to which they return. In the process, the NYC Justice Corps seeks to tangibly improve the Corps members' prospects for personal and professional success.

NYC Justice Corps achieves this through two main programs:

â€¢ COMMUNITY BENEFIT PROJECT TOOLBOX: Service projects designed and completed by young adults that fill an important need in the community where the young people live. Unlike traditional community service, community benefit projects combine a youth development approach with restorative justice and workforce development strategies. Â

â€¢ YOUTH DEVELOPMENT TOOLBOX: Serves 18-24 year olds with strategies to reduce recidivism, promote workforce readiness, and restore young adults' relationships with their communities are implemented within a youth development framework. Â

NYC Justice Corps is administered by the the Institute for Justice and Opportunity (formerly Prison Reentry Institute (PRI)) at John Jay College of Criminal Justice. Alexis Yeboah-Kodie is the Program Coordinator.

LOCATIONS:

BRONX JUSTICE CORPS: Phipps Neighborhoods, 1409 Fulton Avenue, Bronx, NY 10456, Program Director: Vanessa Vanterpool ((347) 329.4004, ext. 5050, VVanterpool@phippsny.org)

HARLEM JUSTICE CORPS: Center for Court Innovation (CCI), 127 West 127th Street, New York, NY 10027, Program Director: Trisa Edmondson ((646) 593.8520)

BROOKLYN NEW YORK JUSTICE CORPS: Center for Alternative Sentencing & Employment Services, Inc. (CASES), 510 Gates Avenue, Brooklyn, NY 11216, Program Director: Willard Beale ((212) 553.6652, wbeale@cases.org)

QUEENS JUSTICE CORPS: Center for Alternative Sentencing & Employment Services, Inc. (CASES), 89-31- 161st Street, Jamaica, NY 11432, Program Director: Willard Beale ((347) 796.4111, wbeale@cases.org)

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NYC Well

Category: **Mental Health and Wellness | - Community-based**

NYC Well is New York City's free, confidential support, crisis intervention, and information and referral service for anyone seeking help for mental health and/or substance misuse concerns, available 24 hours a day, 7 days a week, 365 days a year. NYC Well is operated by Vibrant Emotional Health on behalf of the NYC Department of Health and Mental Hygiene (NYCDOH).

NYC Well counselors are available via phone (888-NYC-WELL, 711 for Deaf/Hard of Hearing), text (Text WELL to 65173) or [online chat](#) and provide access to mental health and substance misuse services, in more than 200 languages.

HAVE NYC WELL'S SERVICES BEEN SUSPENDED DUE TO COVID-19? No. For a list of mental health apps (e.g., for anxiety, depression, sleep, peer support, self-care, recovery, etc.) that are free during the COVID-19 pandemic, please click here nycwell.cityofnewyork.us/en/covid-19-digital-mental-health-resources.

Additionally, the NYCDOH has partnered with select CVS and Walgreens pharmacies across NYC to make [FREE Emergency Overdose Rescue Kits](#) available to any individual who requests one, no ID or insurance is required. For further information on kits, please email pharmacynaloxone@health.nyc.gov.

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